



OCCUPATIONAL THERAPISTS

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SUMMER PROGRAMMING

2023



WHY THE SUMMER?

Summer is an ideal time to work on specific skills without the pressures of school and other activities. Attending additional skill programs at Make Way for Me! will help kids develop new skills, work on old ones, and keep others sharp for the school year.

WHAT IS SUMMER PROGRAMMING?

At Make Way for Me!, program facilitators are available for July and August for programming that utilizes occupational therapy techniques, protocols, and strategies.

Programming will occur with a program facilitator. Needs will be determined by the family and staff at Make Way for Me!. Occupational therapists (OTs) will guide program facilitators to ensure set up of appropriate programming.

When possible, this one on one instruction will occur alongside other students/PF pairs in order to foster social skills and peer interactions.



Examples of skills that can be worked include:

- Printing, cursive writing, keyboarding (dexterity, placement, formation, speed)
- School readiness (holding a pencil or scissors, letter recognition)
- Bike and scooter riding (balance, mounting, steering, breaking, safety)
- Sports skills for games like soccer and basketball (catching, throwing, kicking)
- Social skills (getting along with others, making and keeping friends, holding a conversation, what to do when you are bullied)
- Emotional management (anger, fear, anxiety)
- Dressing and self-care skill (buttons, zippers, tying shoes)
- Eating (using utensils, food exploration, chewing food)
- Travel skills (car, plane, or road trip strategies)
- Organization and planning (what to do next, tools needed for a task)

The sessions will be booked in weeks (daily two hour time slots), for either the morning (9:00am - 11:00am) or afternoon (1:00pm - 3:00pm).

July 4th - August 18th.

The cost for the week (5 sessions) is \$750

Please contact Make Way for Me! to discuss registration and goals!

