

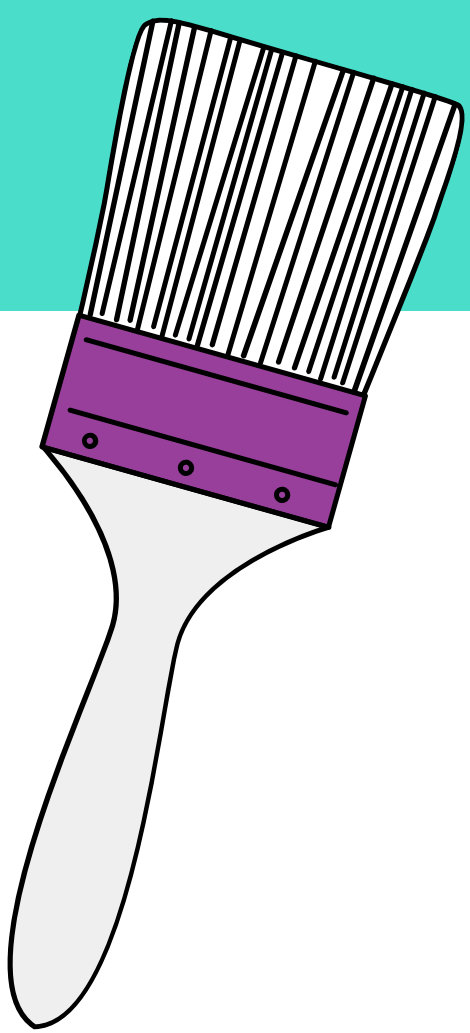


OCCUPATIONAL THERAPY ART WORKSHOP

- Come practice mindfulness, creativity, and artistic expression with a local artist and occupational therapist

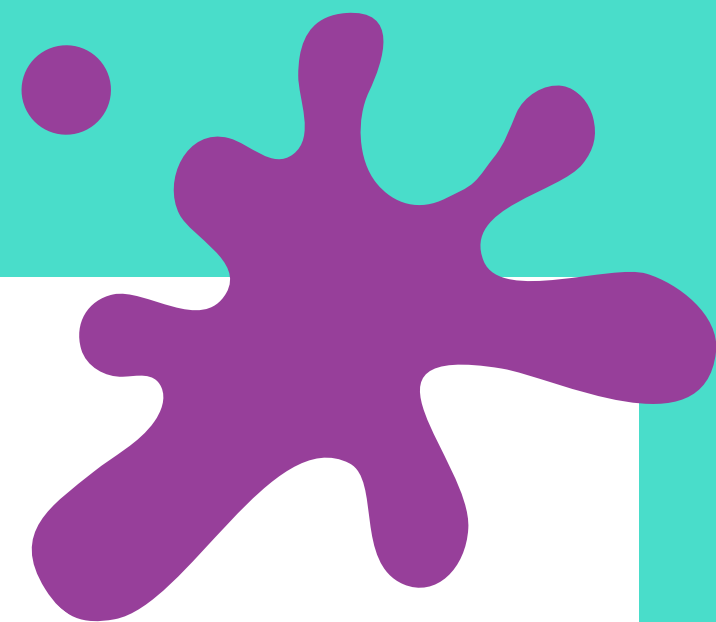
Occupational Therapist: Shannon Taylor, OT Reg. (Ont.)
Artist: Yvonne Merton-Fox

- Create monoprints with a variety of techniques
- Learn about artistic mindfulness and coping strategies
- Work together with a small group of peers age 12-14



WHEN: • Tuesdays 4:00-6:00 PM
• March 26, April 2 & 9 2019

COST: • \$360.00



MAKE WAY FOR  ME!