

Tummy Time Group

for Parents and Infants 4 – 9 months

Free sessions organized and administered by two Queen's Occupational Therapy Students

DATES:

Monday April 13 th	10:30 – 11:30 AM
Tuesday April 14 th	10:30 – 11:30 AM
Wednesday April 15 th	10:30 – 11:30 AM

Session Location:

Make Way for Me! Occupational Therapy for Children 214 Concession Street Kingston, Ontario

(If you are interested but are unable to attend the listed dates and times, please contact for alternative times)

Learn about infant milestones and activities to promote healthy development!

Day 1:

Vision: gaze, tracking, depth perception, turning head to see **Audition:** exploration of sounds, pitches and noises

Day 2:

Vestibular: rocking, bouncing, swinging, balance Motor: head control, rolling, crawling, reaching, grasping

<u>Day 3:</u>

Social/Emotional: interaction, language development **Touch:** exploration of textures, comfort with grooming and bathing

To register:

Email: Ally Reneau at 53ar@queensu.ca or Ron Zhu at 13zz13@queensu.ca

Call: 613-507-0710 (Make Way for Me! office)