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SUMMER 2014

SKILLS DEVELOPMENT PROGRAMMING



Summer is an ideal time to work on specific skills without the pressures of school and other activities. Attending additional skill development programs at Make Way For Me! will help kids develop new skills, work on old ones, and keep others sharp for the school year.

At Make Way For Me!, Occupational Therapist Assistants (OTAs) are available in July and August for one-on-one programming.

Summer skill development complements work being done with occupational therapists. Needs will be determined by the family and the OT. The OT will work with the OTA to ensure set up of appropriate programming. Programming will occur one-on-one with an OTA.

When possible, this one-on-one instruction will occur alongside other student/OTA pairs in order to foster social skills and peer interactions.

Children and youth who are not current clients of Make Way For Me! are welcome to attend as well; they just need a short screening assessment by an Occupational Therapist (OT) to determine needs.

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Some skills that can be worked on are:

- School Readiness (e.g., pencil holding, letter recognition)
- Printing/Cursive writing (e.g., letter formation, line placement, spacing)
- Managing Emotions (e.g., anxiety, anger)
- Keyboarding (e.g., finger dexterity, knowing where the keys are on the keyboard, speed, accuracy)
- Eating (e.g., cutlery skills, food exploration)
- Bike/Scooter Riding (e.g., balance, how to get on, steering, braking, safety)
- Sport Skills (e.g., catching, throwing, kicking)
- Social Skills (e.g., getting along with others, making friends, holding a conversation)
- Dressing Skills (e.g., buttons, zippers, tying shoes)
- Travel Skills (e.g., plane and road trip strategies)

Schedules are flexible. For example, a student could come daily for 2 weeks to work on mastering cursive writing; another student might come for 3 sessions a week for 3 weeks to learn to ride a bike.

The fee for a 90 minute session is \$40.00.

Please contact Make Way For Me! to discuss options for individualized programming.

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