

MAKE WAY FOR ME!



**Skill Development  
Summer Program**

## Why the summer?

Summer is an ideal time to work on specific skills without the pressures of school and other activities. Attending additional skill development programs at Make Way For Me! will help kids develop new skills, work on old ones, and keep others sharp for the school year.

## What is skill development?

At Make Way For Me!, Program Facilitators (PFs) are available in July and August for one-on-one programming that utilizes occupational therapy techniques, protocols, and strategies.

Programming will occur one-on-one with an PF. Needs will be determined by the family and staff at Make Way For Me. Occupational therapists (OTs) provide input to the PFs to ensure set up of appropriate programming.

When possible, this one-on-one instruction will occur alongside other student/PF pairs in order to foster social skills and peer interactions.



Children and youth who are not current clients of Make Way For Me! are welcome to attend but they will require a short screening assessment by an OT to determine needs. This may be an additional cost.

Some skills that can be worked on are:

- printing, cursive writing, keyboarding (dexterity, placement, formation, speed)
- school readiness (holding a pencil/scissors, letter recognition)
- bike & scooter riding (balance, how to get on, steering, braking, safety)
- sports skills for games like soccer and basketball (catching, throwing, kicking)
- social skills (getting along with others, making and keeping friends, holding a conversation, what to do when you are bullied)
- emotional management (anger, fears, anxieties)
- dressing and self care skills (buttons, zippers, tying shoes)
- eating (how to use utensils, food exploration, chewing food)
- travel skills (car, plane, and road trip strategies)
- organization and planning (what to do next, tools needed for a task)



Sessions will be booked in **weekly half day slots**, for either the morning (8:30am-11:00am) or afternoon (1:30pm-4:00pm).

July 6th- Aug 28th (Excluding week of August 3rd).  
The cost for the week of half days is \$450.

Please contact Make Way For Me! to discuss options for individualized programming.

## **Occupational Therapists**

Chris Everdell

Kim Perrett

## **Summer Program Facilitators**

Ashley MacFarlane

Celeste Suart

For scheduling please contact Ashley MacFarlane  
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